



新加坡籃球總會

Basketball Association of Singapore

Singapore Basketball Centre 601 Aljunied Crescent #01-04 Singapore 389862.
Tel: (65) 6743 8425/6743 7925 Fax: (65) 6743 8426 Website: <http://bas.org.sg>

NCAP LEVEL 1 (THEORY & TECHNICAL) BASKETBALL COACHING COURSE

The details of registration for the coaching course are as follows:

{DURATION OF REGISTRATION}

15 June 2011 (Wednesday) – 8 July 2011 (Friday)

{COURSE VENUE}

Singapore Basketball Centre (601, Aljunied Crescent, #01-04, Singapore 389862)

{NAME OF COURSE}

NCAP Level 1 (Theory & Technical) Basketball Coaching Course

{DURATION OF COURSE}

11 July 2011 – 19 August 2011

{DATES OF COURSE}

Please refer to course time-table

{ENROLLMENT FEES}

\$300

{PRE-REQUISITE}

- At least 18 years of age
- Medically fit

{NUMBER OF PARTICIPANTS}

Maximum enrollment of 35 participants (i.e. Participants will be enrolled on a First-Come-First Serve Basis)

{COURSE SYLLABUS}

- Role of the Basketball Coach
- Coach Code of Conduct
- Skill and Fundamentals I
- Skill and Fundamentals II
- Planning & Sports Safety
- Physical Conditioning & Preparation
- Mental Skills Training
- Skill and Fundamentals III
- Official Basketball Rules
- Growth & Development
- Basketball Skills Test Manual
- Skill Analysis & Development

{MEDIUM OF INSTRUCTION}

English

{IMPORTANT NOTE}

Participants must achieve at least 80% of attendance before they are allowed to sit for the practical assessment and written examination. Both the Theory Certification & Technical Certification will be presented to the successful candidates. All participants must be properly attired in training gear for all sessions and be ready to participate actively in all the activities.

{CONTACT DETAILS}

Mr. Benson Ong (Development Officer – BAS) at 6743 8425 / 9104 2921 or e-mail to benson@bas.org.sg / J0405741@hotmail.com

Regards,
Dr. Koh Koon Teck
Chairman, Coaching & Development Committee
Basketball Association of Singapore