

**NATIONAL COACHING ACCREDITATION PROGRAMME (NCAP)  
LEVEL 1 (THEORY & TECHNICAL) BASKETBALL COACHING COURSE  
COURSE DURATION: 11 JULY 2011 (MONDAY) – 19 AUGUST 2011 (FRIDAY)  
COURSE TIME-TABLE (TENTATIVE AND SUBJECTED TO CHANGES)**

No	Day	Date	Time	Venue	Topic	Course Conductor
1	Monday	11 July 2011	7pm – 10pm	Classroom	Introduction – Course Expectations, Attendance, Practical Assessment & Written Examination <ul style="list-style-type: none"> <li>• Role of the Basketball Coach</li> <li>• Coach Code of Conduct</li> </ul>	Koh Koon Teck
2	Saturday	16 July 2011	4pm – 7pm	Classroom Court 1 & 2	<ul style="list-style-type: none"> <li>• Skill and Fundamentals I</li> </ul>	Teo Hock Hoe
3	Sunday	17 July 2011	10.30am – 1.30pm	Classroom Court 1 & 2	<ul style="list-style-type: none"> <li>• Skills and Fundamentals II</li> </ul>	Koh Koon Teck
4	Wednesday	20 July 2011	7pm – 10pm	Classroom	<ul style="list-style-type: none"> <li>• Official Basketball Rules</li> </ul>	Mah Swee Sung
5	Saturday	23 July 2011	1pm – 4pm	Classroom	<ul style="list-style-type: none"> <li>• Mental Skills Training</li> </ul>	Dr John Wang
6	Sunday	24 July 2011	1pm – 4pm	Classroom Court 1 & 2	<ul style="list-style-type: none"> <li>• Planning &amp; Sports Safety</li> </ul>	Koh Koon Teck
7	Wednesday	27 July 2011	7pm – 10pm	Classroom Court 1 & 2	<ul style="list-style-type: none"> <li>• Skills Analysis &amp; Development</li> </ul>	Koh Koon Teck
8	Saturday	30 July 2011	4pm – 7pm	Classroom Court 1 & 2	<ul style="list-style-type: none"> <li>• Physical Conditioning &amp; Preparation</li> </ul>	Teo Hock Hoe
9	Sunday	31 July 2011	1pm – 4pm	Classroom Court 1 & 2	<ul style="list-style-type: none"> <li>• Growth &amp; Development</li> <li>• Basketball Skills Test Manual</li> </ul>	Koh Koon Teck
10	Sunday	7 Aug 2011	12noon – 3pm	Classroom Court 1 & 2	<ul style="list-style-type: none"> <li>• Skills &amp; Fundamentals III</li> </ul>	Teo Hock Hoe
11	Sunday	14 Aug 2011	12noon – 3pm	Court 1 & 2	<ul style="list-style-type: none"> <li>• Practical Assessment</li> </ul>	Koh Koon Teck Teo Hock Hoe
12	Friday	19 Aug 2011	7pm – 10pm	Classroom	<ul style="list-style-type: none"> <li>• Written Examination &amp; Course Evaluation</li> </ul>	Koh Koon Teck Teo Hock Hoe

**{TOTAL HOURS}**

36 Hours

**{COURSE CONDUCTORS}**

- Dr Koh Koon Teck
- Teo Hock Hoe
- Dr John Wang
- Mah Swee Sung

**{IMPORTANT NOTES}**

- Participants must achieve at least 80% attendance before they are allowed to sit for the practical assessment and written examination.
- Successful candidates will be awarded with a NCAP Level 1 (Theory) certification & a NCAP Level 1 (Technical) certification.
- All participants must be properly attired in training gear for all sessions and be ready to participate actively in all the activities.

Regards,

Dr. Koh Koon Teck  
Chairman, Coaching & Development Committee  
Basketball Association of Singapore