

To ensure the safety of athletes, it is essential for coaches to equip themselves with First Aid and cardiopulmonary resuscitation (CPR) knowledge. This will better prepare coaches for emergency situations and alleviate the risks involved in sports coaching.

SSC requires all NROC-registered coaches to have a valid Standard First Aid certificate. The minimum number of hours spent on the Standard First Aid course should not be less than 20 hours long with a theoretical examination and practical assessment including CPR and bandaging of wounds.

No.	Centres	Courses	Contact details
1.	St John Ambulance Singapore	<ul style="list-style-type: none"> ▪ Adult First Aid ▪ Occupational First Aid 	Add: 420 Beach Rd Tel: 62980300
2.	Singapore Red Cross Society	<ul style="list-style-type: none"> ▪ Standard First Aid 	Add: 15 Penang Lane Tel: 63360269 DID: 63348163
3.	Academic Centre & Clinic Pte Ltd	<ul style="list-style-type: none"> ▪ Occupational First Aid 	Add: 18 Jalan Masjid #02-04 Kembangan Plaza Tel: 67474102/ 97894290 Email: cheeleng@academicclinic.com
4.	Emergencies First Aid & Rescue Pte Ltd	<ul style="list-style-type: none"> ▪ Standard First Aid 	Add: No 2 Jurong East St 21 #04-32D IMM Building Tel: 97308138/ 6560 6060 Email: d.ching@pacific.net.sg www.emergencies.com.sg
5.	EMS Life Savers Training Centre	<ul style="list-style-type: none"> ▪ Standard First Aid ▪ Basic First Aid 	Add: 3 Shenton Way, Shenton House, #02-01/02 Tel: 64844110/ 90473745 Email: info@emslifesavers.net www.emslifesavers.net
6.	ER Ambulance & Services Pte Ltd	<ul style="list-style-type: none"> ▪ Standard First Aid with CPR 	Add: Blk 1093 Lower Delta Rd #05-01/02 JTC flatted factory Tel: 62222995
7.	Life Saving Training Centre	<ul style="list-style-type: none"> ▪ Standard First Aid 	Add: Blk 102 Yishun Ave 5, #02-113 Tel: 67585504
8.	MHI Training Master	<ul style="list-style-type: none"> ▪ Standard First Aid 	Add: 448 Changi Road #04-06 Wisma Indah Tel: 92310651
9.	Pratique Training Consultancy	<ul style="list-style-type: none"> ▪ Standard First Aid 	Add: 2D Hong San Walk #13-03 Tel: 97708005 www.pratique.com.sg
10.	Singapore First Aid Training Centre	<ul style="list-style-type: none"> ▪ Standard First Aid ▪ Occupational First Aid 	Add: No. 1 Park Rd #06-01/02 People's Park Complex Tel: 62978123 Email: sfatc@firstaidtraining.com.sg www.firstaidtraining.com.sg
11	Singapore Sports Council	<ul style="list-style-type: none"> ▪ Lifeguard Proficiency Award 	Add: 230 Stadium Boulevard *For SSC lifeguards only

12.	Singapore Sports Council	<ul style="list-style-type: none"> ▪ Sports First Aider and Sports Trainer (Level 1) - 6 Full Day Course ▪ Sports First Aid - 4 Full Day Course 	Add: 230 Stadium Boulevard Email: ssc_sid@ssc.gov.sg www.ssc.gov.sg
<p>SSC worked with the National First Aid Council (NFAC) on the Accreditation of Standard First Aid training providers for the NROC-registered coaches. The objective of this process is to ensure uniformity of training standards across First Aid training providers in the Standard First Aid training programme.</p> <p>Any other First Aid training providers, who wish to be on an Accredited First Aid Providers for the NROC, please note that the next accreditation application of Standard First Aid training providers for the NROC will commence in April 2009.</p> <p>For enquiries, please email the National First Aid Council at nfacsrcs@singnet.com.sg.</p>			